

# Benefits of Nutritional Therapy



## Research Driven

Research shows that up to 90% of people may be nutrient deficient, and 50% of those people are already taking a multivitamin. Daily supplements taken orally are beneficial however, when you ingest vitamins by mouth only 15% of the active nutrients may eventually find their way into your bloodstream.

With intravenous nutrition the nutrients enter your bloodstream directly and immediately to help the body to begin healing itself. iVitamins provide much higher concentration of nutrients delivered directly to your bodies cells through i.Vitamin therapy thus promoting better absorption.



## Customised Formulas

No two bodies are the same and therefore neither are our nutrient requirements. i.Vitamin provides an extensive range of intravenous vitamins, minerals and amino acids to cater for your individual needs. After a consultation with our clinician, we can prepare personalised formulations to specifically address your nutrient requirement and health needs.



## Immediate Effects

This is efficient delivery with immediate effects. Our iVitamin boosters just take seconds and the iVitamin infusions can take between 30-60 minutes. Many patients begin to feel the effects during the iVitamin therapy, which then continues over the following hours and days.



**PROCEDURE TIME**  
UP TO 1 HOUR



**ANAESTHESIA**  
NONE REQUIRED



**RETURN TO WORK**  
IMMEDIATE



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**THE MEWS PRACTICE**

PRIVATE GENERAL PRACTITIONERS

&

REGENERATIVE MEDICINE CLINIC

# i.Vitamin

Intravenous Vitamins, Minerals  
& Amino Acids



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# i.Vitamin

Refresh, Rejuvenate, Revitalise.



## i.Vitamin Immunity

Reboot your system.

Our IV nutritional drip that boosts your immune system. Rediscover your 'get up and go' with our nutritional i.Vitamin drip that helps fight off free radical damage and oxidative stress. Feel better fast with high dose Vitamin C, Zinc and powerful anti-oxidants to maximize your immune response whilst re-energising with added B Vitamins.

### The Formulation

- Vitamins: Vit C, Vit B12, Vit B complex (B1,B2,B3,B5,B6)
- Minerals: Magnesium, Calcium, Selenium, Zinc
- Amino Acids: Arginine, Glutamine, Lysine, Taurine
- Antioxidant: Glutathione



## i.Vitamin Performance Enhancer

Rediscover your get up and go.

For people who specifically want to enhance their sporting performance. This drip contains magnesium and calcium which are essential for muscle function and prevention of spasms and cramping, which may lead to injury. The benefits are also increased energy and enhanced performance.

### The Formulation

- Vitamins: Vit C, B6,B3,B1,B5,B2,B12 (Methylcobalamin, Adenosylcobalamin, Hydroxocobalamin)
- Minerals: Magnesium, Calcium
- Amino Acids: Taurine, Arginine, Glycine, Carnitine, Lysine, N-Acetyl-Tyrosine
- Antioxidant: Glutathione



## i.Vitamin NADH

Supercharge your energy.

Our NADH IV will give you a serious boost of energy physically and mentally. Nicotinamide Adenine Dinucleotide (NAD) + Hydrogen (H). This chemical occurs naturally in the body and plays a role in the chemical processes that generate energy production. NADH has been found to reduce fatigue, ageing, increase cognition and assist with detoxification for people suffering with addiction. The benefits are enhanced clarity of thought and effective functioning.

- Administered as an intravenous push
- For maximum benefit it is recommend as an adjunct to Performance Enhancer or ATP booster.



## i.Vitamin Procaine

The ultimate anti-ageing infusion.

Procainium Bicarbonate also known as Procaine restores and balances the body's nutrients. This infusion has both anti-ageing and antioxidant effects. Procaine infusion provides unique wellbeing support and vitality.

- Administered as an IV drip.
- For maximum benefit it is recommended as an adjunct to NADH.



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## Boosters



## i.Vitamin Glutathione Booster

Glutathione is the most important molecule the body needs to stay healthy which is why it is considered the superhero of all antioxidants and ultimate i.Vitamin wellness boost.



## i.Vitamin B12 Booster

i.Vitamin B12 is responsible for the smooth functioning of several critical body processes. It has multiple benefits in a single shot. Blood test results may be required to identify deficiency.



## i.Vitamin D Booster

Vitamin D is an essential nutrient for bone growth, maintaining your health and wellbeing and reducing fatigue. Blood test results may be required to identify deficiency.



## i.Vitamin ATP Booster

Adenosine Triphosphate (ATP) is the molecule that stores the energy we need for effective daily functioning. You will benefit from replenishing essential nutrients, detoxifying the body, and boosting feelings of energy and well-being.

Please be aware that iVitamins are provided purely as nutritional support and not treatment at The Mews Practice.